

Suicide Prevention

Behavioral Health Task Force

December 8, 2015

Division of Prevention and Behavioral Health Services

Department of Services for Children, Youth and their Families

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Division Director

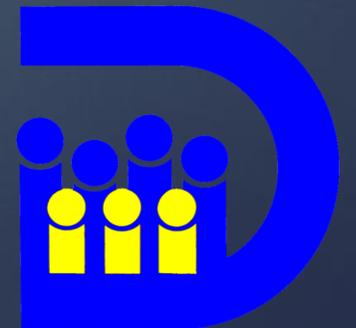
Harvey Doppelt, Ph.D.
Director of Specialized Services

**DIVISION VISION: RESILIENT CHILDREN AND FAMILIES LIVING IN
SUPPORTIVE COMMUNITIES.**



School-based Interventions

- ▶ Early Childhood Centers – 10 Contractors
- ▶ Elementary Schools – 53
- ▶ Middle Schools – 32
 - 8,689 referral
 - 1,060 needed further support
 - ❑ 68 inpatient psychiatry
 - ❑ 850 outpatient consults
 - ❑ 192 primary care consults
 - ❑ 151 psychiatry consults
 - ❑ 350 community programs/services/basic needs
 - ❑ 33 DPBHS more intense services



Behavioral Health Treatment

- ▶ Services to 5,709 children and youth
 - Over 3% increase
- ▶ Community-based Services
 - Increase in services provided
 - 5 new services
- ▶ Suicide Prevention integrated into services
- ▶ DPBHS Mobile Child Priority Response
 - Statewide **1-800-969 HELP (4357)**
 - Expanded via federal funds

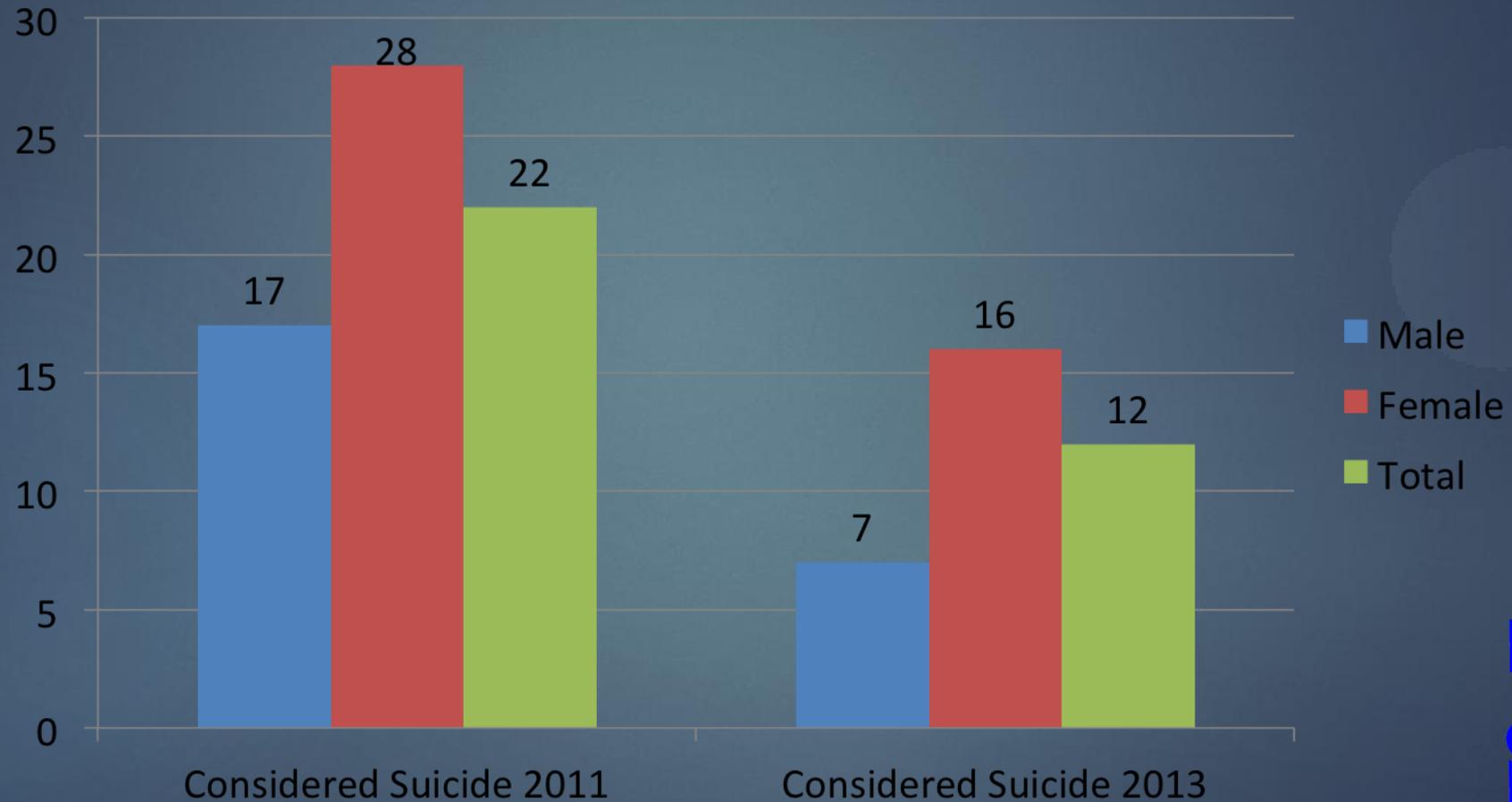


Moving Forward

- ▶ House Bill 90, signed 6/8/15
 - Requires all public school employees to receive 90 minutes of training each year on suicide prevention. LEAs must create suicide prevention policy. All schools must establish suicide prevention committee.
- ▶ DOE Chairs workshops to implement HB90
 - Groups identifying online evidence based training for districts to use. DPBHS is on committee.
- ▶ Delaware's third Garrett Lee Smith Suicide Prevention Grant



Percentage of Middle School Delaware students who seriously thought about killing themselves, 2011 and 2013

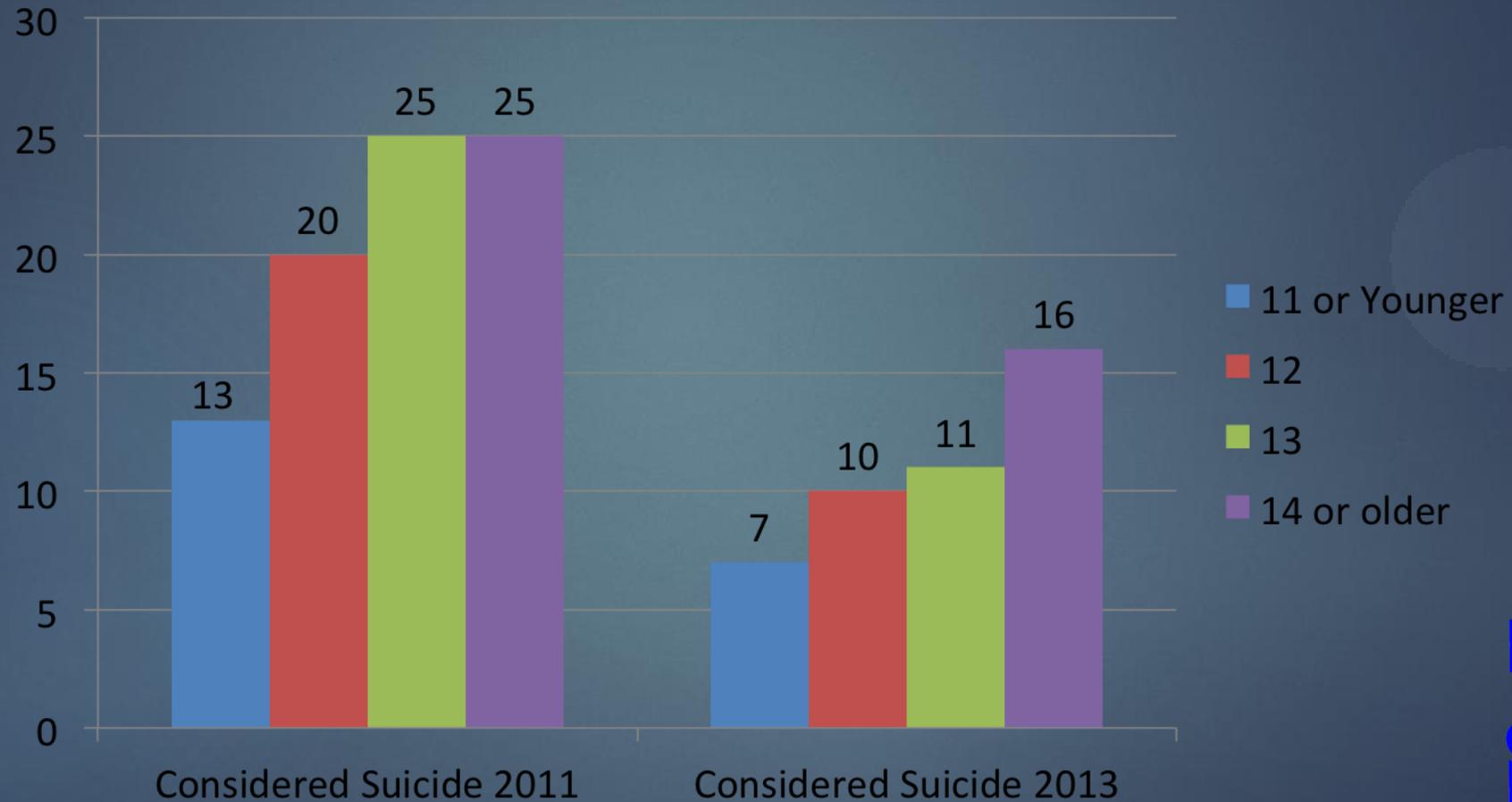


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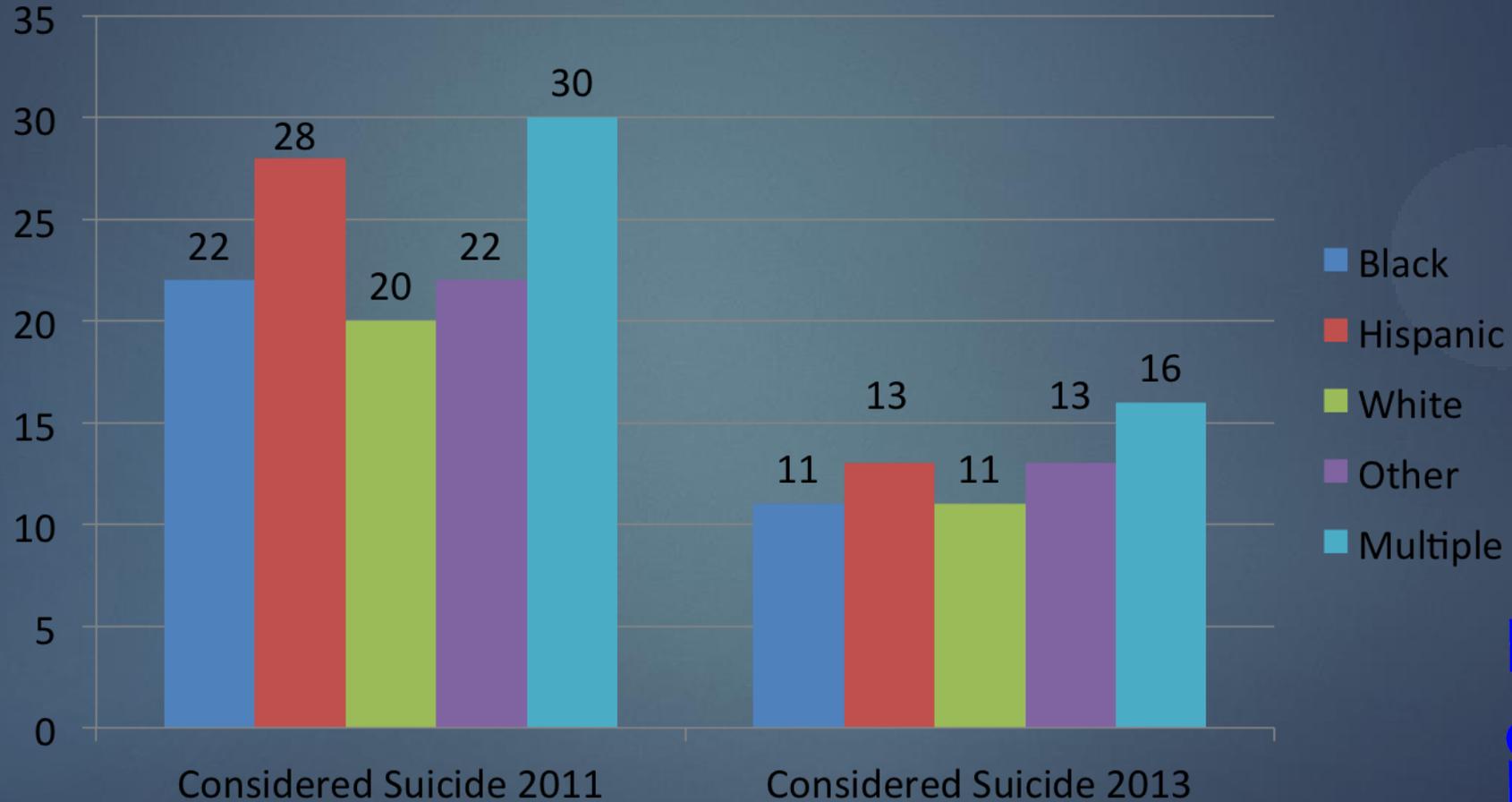
Source: Delaware Middle School Youth Risk Behavior Surveys, 2011 and 2013



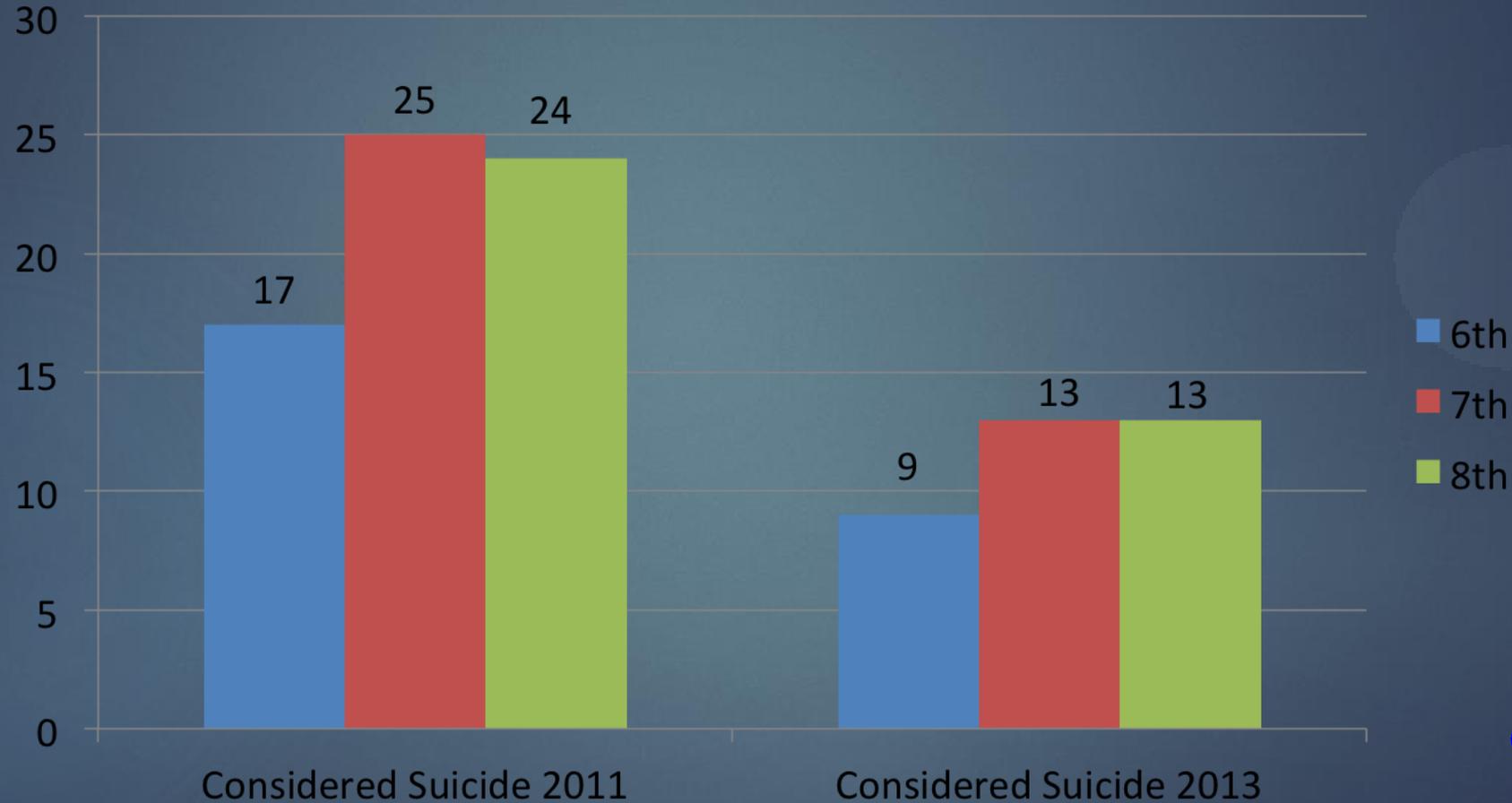
Percentage of Middle School Delaware students who seriously thought about killing themselves by Age, 2011 and 2013



Percentage of Middle School Delaware students who seriously thought about killing themselves by Race, 2011 and 2013



Percentage of Middle School Delaware students who seriously thought about killing themselves by Grade, 2011 and 2013

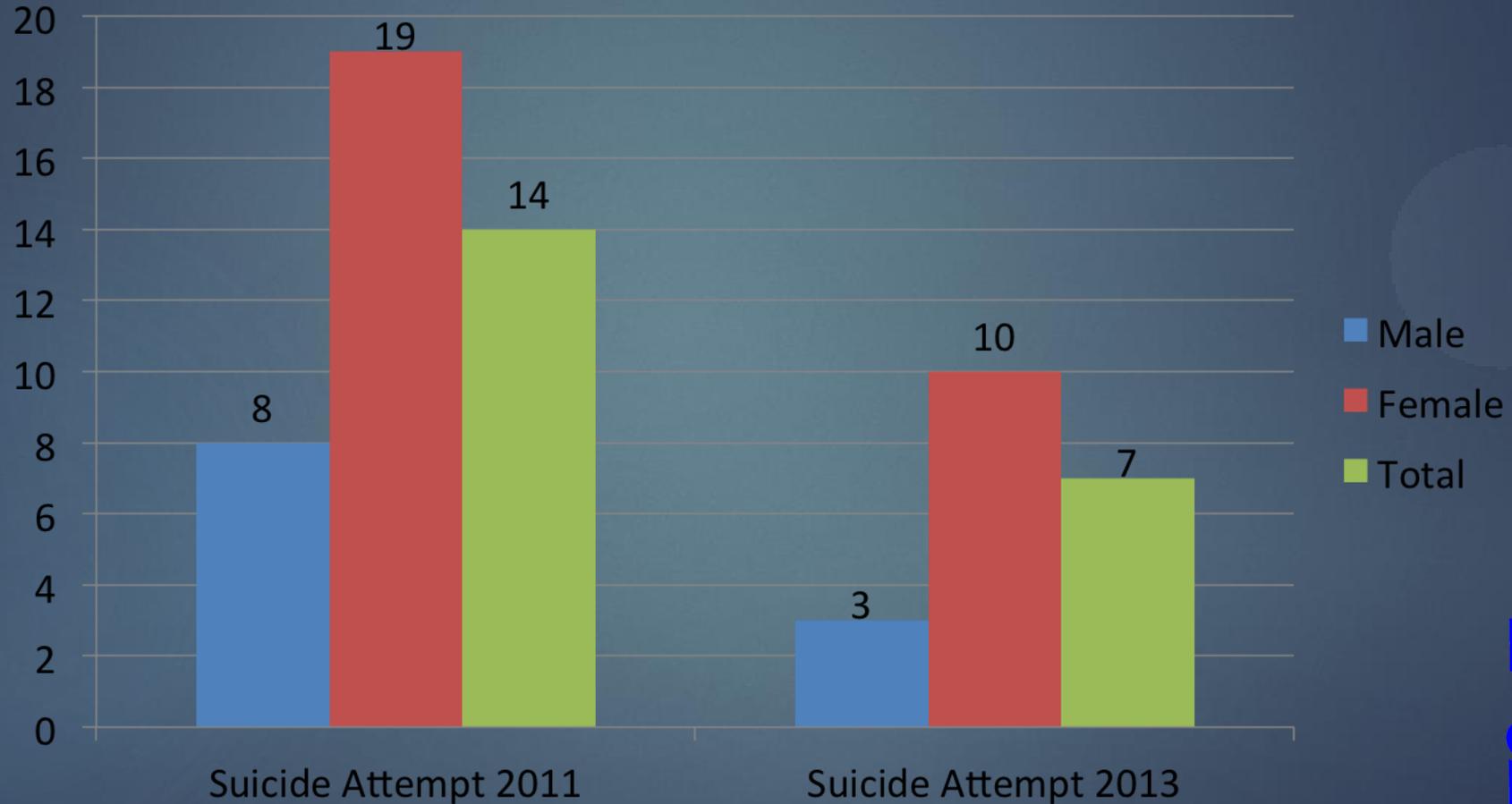


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Source: Delaware Middle School Youth Risk Behavior Surveys, 2011 and 2013



Percentage of Middle School Delaware students who tried to seriously hurt or kill themselves, 2011 and 2013



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Source: Delaware Middle School Youth Risk Behavior Surveys, 2011 and 2013



Project SAFETY

SUICIDE ASSESSMENT

FOLLOW-UP

EDUCATION

TEXTING FOR YOUTH AND YOUNG ADULTS

December 8, 2015



Suicide Assessment

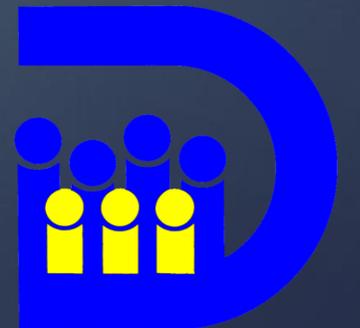
Behavioral Health Screen

Web based

Immediate feedback to professional

<http://bh-works.com/>

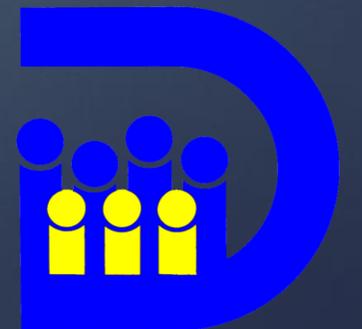
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School	Emergency	13 DOMAINS	PC-Adol	PC-Adult
√		School	√	√
√		Family	√	
√	√	Substance Use	√	√
		Sexuality	√	
√	√	Safety	√	√
√	√	Demographics	√	√
√		Medical	√	√
√	√	Depression	√	√
√		Anxiety	√	√
√	√	Suicide	√	√
√	√	Self-Harm	√	√
√	√	Trauma	√	√
√		Nutrition & Eating	√	√
√		Psychosis	√	√
√	√	Bullying	√	

Goal for Screening

- ▶ Primary Care Physician Offices
- ▶ Emergency Departments
- ▶ Schools – Behavioral Health Consultants
- ▶ Detention Facility
- ▶ Universities
- ▶ Child Crisis Services



Follow-up Clinical Care

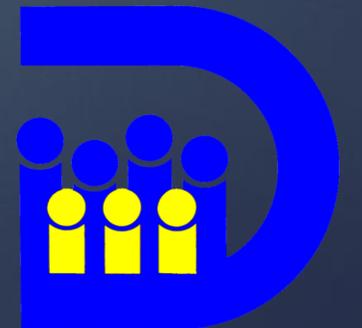
- ▶ Added staff to Child Priority Response in Kent and Sussex
- ▶ Added funds for additional clinical services



Education

Trainings

- ▶ Mental Health Professionals
- ▶ School Counselors and Nurses
- ▶ Community
 - Work with high school students to reduce stigma



Texting for Youth and Young Adults

Kids don't use the phone

