



Behavioral Healthcare Services Delaware DOC

Name of Program	Program Type	Location	Length of Program	Description of Services	Evidenced Based Programs
<i>Key Program</i>	Modified TC for sentenced offenders	HRYCI, SCI, BWCI	9-12 months	Comprehensive TC program with all required TC elements utilizing evidenced based practices	Seeking Safety; Living in Balance; Thinking for a Change; Anger Management; Trauma Informed Care (SOAR); Certified Parenting (Child Inc.); Self-Help; Screening and assessment .
<i>Crest Program</i>	Modified TC for sentenced offenders- currently exploring two tracks to meet the appropriate	HDP; WCCC; CVOP; MCCC; SCCC	4-6 months	Comprehensive continuum of care for Level 5 offenders moving to a lower level of security with a focus on reintegration	Seeking Safety; SMART Recovery; Living in Balance; Thinking for a Change; Self-help; screening and assessment

	level of care (Modified TC and IOP)				
<i>Reflections</i>	DUI Program For sentenced offenders	SCI; BWCI	90 business days	A specifically designed program to address the bio-psycho-social consequences of alcohol use.	Driving with Care; Seeking Safety; Living in Balance; SMART Recovery; Motivational Interviewing; self- help
<i>Transitions</i>	Sex Offender Treatment for sentenced offenders	All DOC facilities (except SVOP)	L5: 3 hours of group/ individual counseling per week x 2 years. L4: one day per week for group therapy for 1 ½ hours.	L5: 18-20 month, high intensity groups, expected to work toward accepting culpability for their offense(s); use of polygraph for individuals who deny their offenses L4: open-ended groups; topics related to sexual offending.	*Sexual Offender Risk and Needs Assessments * AASI (Adult Abel Screen Inventory) *Pathways Model & Good Lives Model -Therapeutic exercises: autobiography, cycle work, goal setting, re- integration, victimology, relapse prevention, arousal re- direction
<i>6 for 1</i>	Modified Education TC <i>for pre-trial population ONLY</i>	HRYCI; BWCI	45 days	A modified TC with a focus on specific groups for a transient population.	Living in Balance, Seeking Safety; Motivational Interviewing
<i>New Expectations</i>	Level 3 substance use disorder	Emmaus House in Newark, DE	A maximum of 15 months (up to 6 months after	An alternative to incarceration program under 24 hour	Medication Assisted Treatment

	program for pregnant woman as an alternative to incarceration		baby is born)	supervision in the community with comprehensive programming to keep the mother and child together to enhance the family relationship and decrease recidivism.	(methadone) Gender specific curriculum: Helping Women Recover; Beyond Trauma; A woman's Way; Living in Balance; screening and assessment. A complete collaboration with criminal justice and community providers.
<i>Mental Health Services</i>	Diagnosed MH/ co-occurring disorder	All DOC facilities	Client remains on mental health roster during length of incarceration, unless offender wishes to be removed from services	Provides routine Mental Health Visits, crisis intervention, individual and group counseling, discharge planning, psychiatric evaluations, medication management, court ordered MH evaluations; case management; recreational/art therapy; management of acute psychiatric episodes; stabilization; screening and assessment	Illness Management in Recovery; Seeking Safety; Trauma Informed Care; Motivational Interviewing.
<i>Special Needs Units</i>	Mental Health & co-occurring disorders for sentenced and	JTVCC; HRYCI; BWCI	Housing units used for psychiatric stabilization	Individual counseling 1x per week; group therapy 2x per day; treatment planning	Illness Management in Recovery; Anger Management; Art

	pre-trial offenders		purposes; no set length of stay. Admission criteria are determined by clinical need, not by sentencing or court ordering.	every 3 months; psychiatric/ medication evaluation 1x per month	Therapy
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